



MARGUERITE GAHAGAN  
NATURE PRESERVE

# WINTER PROGRAM CALENDAR

January February March 2023





# JANUARY



14  
JAN

YOUTH  
FAMILIES

## Nature-Play Saturday

Sat., Jan. 14, 10:30am-12:00pm

Spend time outdoors and connect with other families during Nature-Play Saturday! Join us for a themed activity with Gahagan staff and volunteers for the first portion (10:30-11am), then explore the preserve on your own with a guided activity (11am-12pm).

This program is intended for families with children in Pre-K through early elementary school, but older siblings are welcome!

**Cost:** Free

**Register online:** <https://bit.ly/NatureplayJan>

13  
JAN

YOUTH  
FAMILIES

## Little Gnats

Fri., Jan. 13, 10:30-11:30am

Visit the Gahagan Nature Preserve on the second Friday of the month for a nature-themed story and related activity for "little gnaturalists" aged 3-6. Join in as we investigate the world of insects while reading *The Very Hungry Caterpillar* by Eric Carle. Youth must be accompanied by an adult.

**Cost:** Free

**Register online:** <https://bit.ly/LittleGnatsJan23>

14  
JAN

ADULTS

## Saturday Morning Yoga

Sat., Jan. 14, 9:00am-10:00am

Connect with your mind and body while enjoying the natural surroundings at the preserve. Join us for a traditional Hatha yoga class where we will practice physical postures and poses, combined with breath work. With this type of yoga, you will move your body slowly and deliberately into different poses that challenge your strength and flexibility, while at the same time focusing on relaxation and mindfulness. Participants are asked to bring their own yoga mat.

**Cost:** \$20/class. Sign up for all three classes in Jan., Feb., and March for \$48.

**Register online:** <https://bit.ly/SatAMYogaJan>



# JANUARY

16  
JAN

## School Day Off at Gahagan

Monday, Jan. 16, 9:00am-3:00pm

No school? No problem! Stay active at our School Day Off program at Gahagan! Youth will participate in hands-on nature activities, games, crafts and more all while learning about the natural world. **Program is for youth in grades 1-5.**

### Program schedule:

8:30-9:00am - Drop off

9:00-3:00pm - Program

3:00pm - Pick up time

A morning and afternoon snack will be provided. Campers will need to bring a packed lunch.

**Cost:** \$55.

**Register online:** <https://bit.ly/SDOJan16>

YOUTH

19  
JAN

## Winter Owl Prowl

Thurs., Jan. 19, 6:00-7:00pm

Tour the preserve in the evening, in search of some of our favorite night-time critters – owls! Join birding expert and Gahagan volunteer, Mike Petrucha, as we learn all about these captivating birds. Open to all ages.

**Cost:** Free

**Register online:** <https://bit.ly/WinterOwlProwl>

YOUTH  
FAMILIES  
ADULTS

28  
JAN

## Snowshoe Hike and Winter Tree ID

Sat., Jan. 28, 10:30-11:30am

The Gahagan Nature Preserve is home to a few forest community types, each with different types of trees. Tour the preserve on snowshoes and learn how to identify trees using features other than leaves. Open to all ages.

**Cost:** Free

**Register online:** <https://bit.ly/GNPWinterTree2023>

YOUTH  
FAMILIES  
ADULTS

31  
JAN

## Gahagan Gals - Women in the Woods

Tues., Jan. 31, 7:00-8:30pm

Discover the history of the Gahagan Nature Preserve on foot during this snowshoe hike and tour. This program is for women who are interested in getting outside. Become more comfortable and knowledgeable about the natural world, as you unwind and have fun.

**Cost:** \$15.

**Register online:**

<https://bit.ly/GahaganGalsJan>

ADULTS





# FEBRUARY



10  
FEB

## Little Gnats

Fri., Feb. 10, 10:30-11:30am

Visit the Gahagan Nature Preserve on the second Friday of the month for a nature-themed story and related activity for "little gnaturalists" aged 3-6. We'll continue our "Insectigations" as we learn about crickets with the story *The Very Quiet Cricket* by Eric Carle.

Youth must be accompanied by an adult.

**Cost:** Free

**Register online:** <https://bit.ly/LittleGnatsFeb23>

YOUTH  
FAMILIES

11  
FEB

## Nature-Play Saturday

Sat., Feb. 11, 10:30am-12:00pm

Spend time outdoors and connect with other families during Nature-Play Saturday! Join us for a themed activity with Gahagan staff and volunteers for the first portion (10:30-11am), then explore the preserve on your own with a guided activity (11am-12pm).

This program is intended for families with children in Pre-K through early elementary school, but older siblings are welcome!

**Cost:** Free

**Register online:** <https://bit.ly/NatureplayFeb>

YOUTH  
FAMILIES

11  
FEB

## Saturday Morning Yoga

Sat., Feb. 11, 9:00-10:00am

Connect with your mind and body while enjoying the natural surroundings at the preserve. Join us for a traditional Hatha yoga class where we will practice physical postures and poses, combined with breath work. With this type of yoga, you will move your body slowly and deliberately into different poses that challenge your strength and flexibility, while at the same time focusing on relaxation and mindfulness. Participants are asked to bring their own yoga mat.

**Cost:** \$20/class. Sign up for all three classes in Jan., Feb., and March for \$48.

**Register online:** <https://bit.ly/SatAMYogaFeb>

ADULTS



# FEBRUARY

17  
FEB

AND

20  
FEB

## School Day Off at Gahagan

Fri., Feb. 17, 9:00am-3:00pm  
Mon., Feb. 20, 9:00am-3:00pm

No school? No problem! Stay active at our School Day Off program at Gahagan! Youth will participate in hands-on nature activities, games, crafts and more all while learning about the natural world.

**Program is for youth in grades 1-5.**

### Program schedule:

8:30-9:00am - Drop off

9:00-3:00pm - Program

3:00pm - Pick up time

A morning and afternoon snack will be provided.

Campers will need to bring a packed lunch.

**Cost:** \$55 per day

**Register for Feb. 17th online:** <https://bit.ly/SDOFeb17>

**Register for Feb. 20th online:** <https://bit.ly/SDOFeb20>

YOUTH

28  
FEB

## Gahagan Gals - Women in the Woods

### The Power of Ice

Tues., Feb. 28, 7:00-8:30pm

ADULTS

Glaciers have played a huge role in shaping the landscapes and watersheds of Michigan. Join our program for an introduction to these powerful masses of ice and snow. This program is for women who are interested in getting outside. Become more comfortable and knowledgeable about the natural world, as you unwind and have fun.

**Cost:** \$15.

**Register online:** <https://bit.ly/GahaganGalsFeb>

18  
FEB

## Snowshoe Hike - Where Do Wildlife Go in Winter?

Sat., Feb. 18, 10:30-11:30am

Our wildlife friends use many different tactics to survive our Northern Michigan winters. Join us to learn (and observe!) some of those techniques while we use snowshoes to help us walk through the winter landscape. Open to all ages.

**Cost:** Free

**Register online:** <https://bit.ly/GNPWWildlife2023>

YOUTH  
FAMILIES  
ADULTS



# MARCH

10  
MAR

## Little Gnats

Fri. March 10, 10:30-11:30am

Visit the Gahagan Nature Preserve on the second Friday of the month for a nature-themed story and related activity for kids aged 3-6. Learn about creepy-crawly spiders while we read *The Eensy-Weensy Spider* by Mary Ann Hoberman. Youth must be accompanied by an adult.

**Cost:** Free

**Register online:** <https://bit.ly/LittleGnatsMarch23>

YOUTH  
FAMILIES

11  
MAR

## Saturday Morning Yoga

Sat., March 11, 9:00-10:00am

Connect with your mind and body while enjoying the natural surroundings at the preserve. Join us for a traditional Hatha yoga class where we will practice physical postures and poses, combined with breath work. With this type of yoga, you will move your body slowly and deliberately into different poses that challenge your strength and flexibility, while at the same time focusing on relaxation and mindfulness. Participants are asked to bring their own yoga mat.

**Cost:** \$20/class. Sign up for all three classes in Jan., Feb., and March for \$48.

**Register online:**

<https://bit.ly/SatAMYogaMarch>

ADULTS



11  
MAR

## Nature-Play Saturday

Sat., March 11, 10:30am-12:00pm

Spend time outdoors and connect with other families during Nature-Play Saturday! Join us for a themed activity with Gahagan staff and volunteers for the first portion (10:30-11am), then explore the preserve on your own with a guided activity (11am-12pm).

This program is intended for families with children in Pre-K through early elementary school, but older siblings are welcome!

**Cost:** Free

**Register online:** <https://bit.ly/NatureplayMarch>

YOUTH  
FAMILIES





# MARCH



16  
MAR

## Starting Your Sustainable Garden

Thurs., March 16, 6:00-7:30pm

Learn various methods for creating a more sustainable home garden – this workshop will introduce you to multiple environmentally-friendly techniques to incorporate into your backyard.

**Cost:** Free

**Register online:** <https://bit.ly/GNPGardening>

ADULTS

28  
MAR

## Gahagan Gals - Women in the Woods The Eco Kitchen

Tues., March 28, 7:00-8:30pm

Learn tips and tricks for more sustainable living – starting with the center of the home. This program is for women who are interested in getting outside. Become more comfortable and knowledgeable about the natural world, as you unwind and have fun.

**Cost:** \$15.

**Register online:** <https://bit.ly/GahaganGalsMarch>

ADULTS

## Registration

Register online using the links in the program description. Or contact the preserve at:

[info@gahagannature.org](mailto:info@gahagannature.org)

(989) 275-3217

Programs are located at the Gahagan Nature Preserve unless otherwise noted:

209 W Maplehurst. Roscommon, MI 48653



# PARTNER PROGRAMS

## Early Release Day Programs

at the CRAF Center

1:00-3:00pm

Jan. 25, Feb. 22, March 15

Looking for something to do on Roscommon Area Public Schools early release days? Stay active at the CRAF Center! Youth will participate in their choice of sports, nature games and crafts, and other recreational activities.

This program is held in partnership with the Roscommon Area Recreation Authority and Gahagan Nature Preserve. Programs are located at the CRAF Center.

This program is free of charge, but space is limited. Please register ahead of time to ensure your child's spot, and please contact us if your schedule changes.

RSVP:

**Jan. 25th:** <https://bit.ly/EarlyReleaseJan25>

**Feb. 22nd:** <https://bit.ly/EarlyReleaseFeb22>

**March 15th:** <https://bit.ly/EarlyReleaseMarch15>

Contact us at [info@gahagannature.org](mailto:info@gahagannature.org) or  
[rmrauthority@gmail.com](mailto:rmrauthority@gmail.com)



**This program is held at the CRAF Center**

**606 Lake Street**

**Roscommon, MI 48653**





# VISIT GAHAGAN THINGS TO DO

The fun doesn't stop when the program's over!

Visit the Gahagan Nature Preserve for hiking, bird watching, geocaching and more this winter. Immerse yourself in the outdoors for health, respite, and fun.

Trails are open sunrise to sunset.

## **Snowshoeing**

Stay tuned to our Facebook page and Program Calendar for Free Snowshoe Days! Come on your own or with friends and family to hike through the snow. Snowshoes are available from the preserve free of charge. (Limited quantity and sizing available).

<https://www.facebook.com/GahaganNaturePreserve>

<https://www.gahagannature.org/calendar>

## **Geocaching**

Start your treasure-hunt at Gahagan! Geocaching is an activity using GPS to find hidden items called "geocaches" or "caches". Find caches hidden around the preserve, as well as other areas in Northern Michigan.

<https://www.geocaching.com/play>

# CONTACT US



## Gahagan Nature Preserve

**209 W Maplehurst**

**Roscommon, MI 48653**

[www.gahagannature.org](http://www.gahagannature.org)

[info@gahagannature.org](mailto:info@gahagannature.org)

(989) 275-3217